



Chakra Stones & Crystals

42 Best Crystals for 7 Chakras
and How to Use Them

INTERACTIVE E-BOOK

by 7chakracolors.com



Root Chakra Stones



FIRST CHAKRA
Root
Muladhara



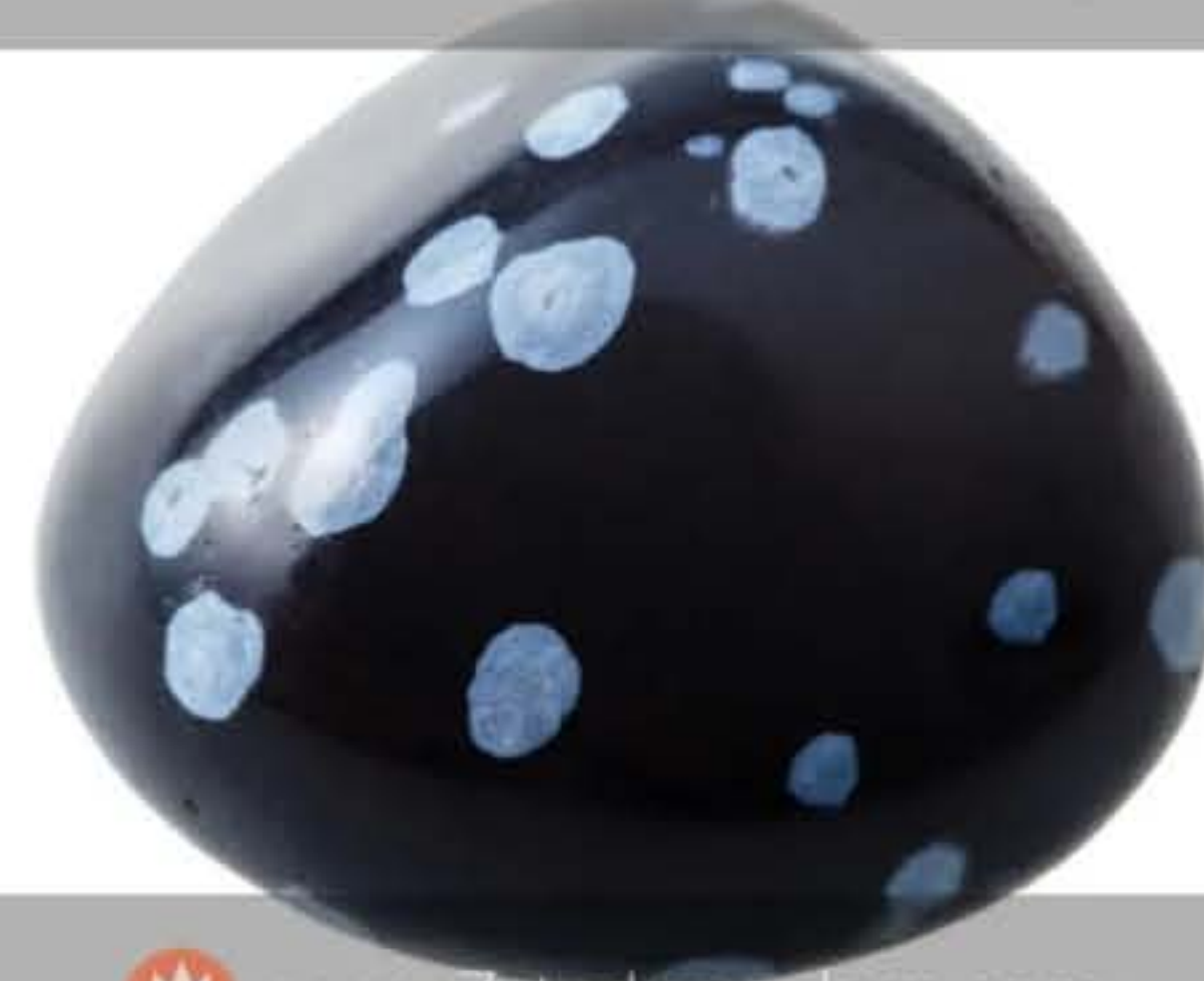
Located at the base of your spine, this foundational energy center governs your sense of safety and stability. Like roots anchoring a tree, it connects you to earthly energies, supporting physical and emotional wellbeing.

Key Attributes:

- Color: **Deep red**
- Sound: **LAM**
- Element: **Earth**
- Symbol: **Four-petaled lotus**
- Location: **Base of spine**
- Scent: **Cedar, patchouli**
- Focus: **Security, grounding, survival**
- Mantra: **"I am safe and secure"**

When balanced, it strengthens trust, stability, and your ability to feel at home in your physical body.

Snowflake Obsidian Crystal



www.7chakracolors.com

Snowflake Obsidian Crystal

Snowflake Obsidian, a grounding crystal linked to the Root Chakra, stabilizes scattered energies and protects against negativity. Its distinctive black and white patterns promote balance between light and shadow, making it essential for spiritual and emotional anchoring.

Smoky Quartz Crystal



www.7chakracolors.com

Smoky Quartz Crystal

Smoky Quartz, a protective crystal connected to the Root Chakra, transmutes negative energy and relieves anxiety. Its earthy brown essence anchors spiritual energy into the physical realm, making it powerful for grounding and electromagnetic stress relief.

Shungite Crystal



www.7chakracolors.com

Shungite Crystal

Shungite, a purifying crystal attuned to the Root Chakra, shields against harmful energies and electromagnetic frequencies. Its deep black carbon structure supports physical vitality and emotional stability, making it invaluable for modern living.

Red Jasper Crystal



www.7chakracolors.com

Red Jasper Crystal

Red Jasper, a nurturing crystal harmonized with the Root Chakra, enhances stamina, endurance, and physical strength. Its rich red energy stimulates life force and survival instincts, making it perfect for overcoming challenges.

Hematite Crystal



www.7chakracolors.com

Hematite Crystal

Hematite, a stabilizing crystal aligned with the Root Chakra, strengthens willpower and mental clarity. Its metallic sheen and magnetic properties support focus and concentration, making it ideal for maintaining groundedness in chaos.

Garnet Crystal



www.7chakracolors.com

Garnet Crystal

Garnet, a revitalizing crystal bonded to the Root Chakra, awakens passion, sexuality, and life force energy. Its deep red brilliance activates kundalini energy and primal instincts, making it essential for manifesting abundance and vitality.

Sacral Chakra Stones



SECOND CHAKRA
Sacral
Svadhithana



Located in the lower abdomen, this chakra governs creativity, passion, and emotional wellbeing. Like flowing water, it influences your ability to experience pleasure, embrace change, and form meaningful relationships.

Key Attributes:

- Color: **Orange**
- Sound: **VAM**
- Element: **Water**
- Symbol: **Six-petaled lotus**
- Location: **Lower abdomen**
- Scent: **Orange, sandalwood**
- Focus: **Creativity, sexuality, emotions**
- Mantra: **"I honor my emotions"**

When balanced, it enhances emotional fluidity, sensuality, and creative expression.

Orange Tourmaline Crystal



 www.7chakracolors.com

Orange Tourmaline

Orange Tourmaline, a vibrant crystal linked to the Sacral Chakra, ignites creativity, passion, and emotional balance. Its warm energy enhances confidence, motivation, and joy, making it an ideal stone for inspiring artistic expression and fostering a deep connection to one's emotions.

Orange Calcite Crystal



 www.7chakracolors.com

Orange Calcite Crystal

Orange Calcite, a common crystal, tied to the Sacral Chakra, amplifies motivation, confidence, and sexual vitality. Its warm, energetic presence stimulates creativity and personal power, making it an excellent stone for overcoming creative blocks and embracing joy.

Orange Agate Crystal



 www.7chakracolors.com

Orange Agate Crystal

Orange Agate, a mesmerizing crystal connected to the Sacral Chakra, ignites creativity and passion. It promotes emotional balance, self-confidence, and healthy relationships, making it an ideal stone for seeking inspiration and a deeper connection to your desires.

Moonstone Crystal



 www.7chakracolors.com

Moonstone Crystal

Moonstone, a calming crystal linked to the Sacral Chakra, promotes intuition, emotional balance, and self-reflection. Known for its soft, pearly glow, Moonstone supports creativity and spiritual growth, making it an ideal stone for embracing change and new beginnings.

Citrine Crystal



 www.7chakracolors.com

Citrine Crystal

Citrine, a radiant crystal connected to the Sacral Chakra, channels abundance, manifestation, and willpower. Its sunny golden energy enhances personal boundaries and self-worth, making it a powerful ally for attracting prosperity and strengthening relationships.

Carnelian Crystal

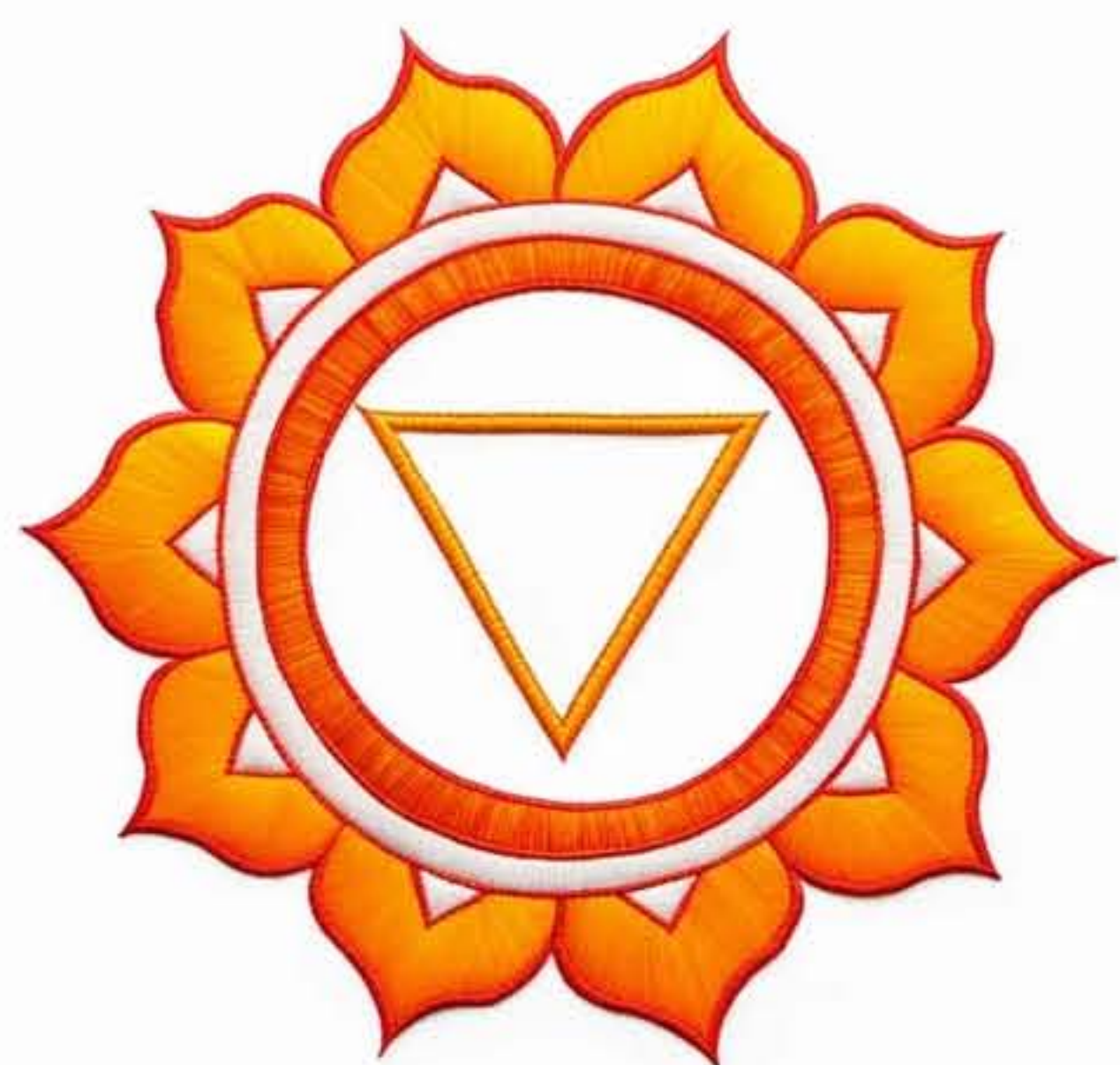


 www.7chakracolors.com

Carnelian Crystal

Carnelian, a dynamic crystal aligned with the Sacral Chakra, ignites passion, courage, and life force energy. Its bold, fiery essence strengthens motivation and sexual energy, making it ideal for boosting confidence and rekindling inner fire.

Solar Plexus Chakra Stones



THIRD CHAKRA
Solar Plexus
Manipura



Centered in the upper abdomen, this chakra is your source of personal power and self-confidence. Like the warmth of the sun, it radiates willpower, purpose, and self-esteem.

Key Attributes:

- Color: **Yellow**
- Sound: **RAM**
- Element: **Fire**
- Symbol: **Ten-petaled lotus**
- Location: **Upper abdomen**
- Scent: **Lemon, ginger**
- Focus: **Personal power, confidence, willpower**
- Mantra: **"I am confident in my power"**

When balanced, it promotes self-assurance, motivation, and clear decision-making.

Yellow Serpentine Crystal



 www.7chakracolors.com

Yellow Serpentine Crystal

Yellow Serpentine, a transformative crystal linked to the Solar Plexus Chakra, enhances confidence, personal power, and motivation. Its golden energy clears emotional blockages, supports manifestation, and fosters inner strength for achieving goals.

Tiger's Eye Crystal



 www.7chakracolors.com

Tiger's Eye Crystal

Tiger's Eye, a commanding crystal aligned with the Solar Plexus Chakra, boosts confidence and personal power. Its golden-brown bands enhance willpower and decision-making, making it essential for manifesting goals and banishing self-doubt.

Sunstone Crystal



 www.7chakracolors.com

Sunstone Crystal

Sunstone, a radiant crystal tuned to the Solar Plexus Chakra, ignites leadership abilities and self-worth. Its sparkling copper flecks inspire optimism and independence, making it powerful for building confidence and personal boundaries.

Pyrite Crystal



 www.7chakracolors.com

Pyrite Crystal

Pyrite, a prosperous crystal connected to the Solar Plexus Chakra, amplifies manifestation and abundance. Its metallic golden surface strengthens willpower and protective energy, making it ideal for attracting success and deflecting negativity.

Golden Beryl Crystal



 www.7chakracolors.com

Golden Beryl Crystal

Golden Beryl, a rare crystal associated with the Solar Plexus Chakra, activates strong connection to personal strength, willpower, and transformation. Helps clear blockages, promoting mental clarity and the ability to make confident decisions.

Amber



 www.7chakracolors.com

Amber (Crystal)

Amber, an ancient crystal bonded to the Solar Plexus Chakra, channels vitality and inner strength. Its warm, fossilized energy supports self-expression and metabolism, making it perfect for boosting confidence and mental clarity.

Heart Chakra Stones



FOURTH CHAKRA
Heart
Anahata



Located at the heart center, this chakra bridges the physical and spiritual realms. Like a gentle breeze, it nurtures love, compassion, and deep connection with others and yourself.

Key Attributes:

- Color: **Green**
- Sound: **YAM**
- Element: **Air**
- Symbol: **Twelve-petaled lotus**
- Location: **Center of chest**
- Scent: **Rose, jasmine**
- Focus: **Love, compassion, harmony**
- Mantra: **"I am love"**

When balanced, it fosters unconditional love, empathy, and inner peace.

Rose Quartz Crystal



 www.7chakracolors.com

Rose Quartz Crystal

Rose Quartz, a nurturing crystal attuned to the Heart Chakra, radiates unconditional love and emotional healing. Its gentle pink essence soothes past wounds and deepens self-acceptance, making it essential for opening the heart to give and receive love.

Malachite Crystal



 www.7chakracolors.com

Malachite Crystal

Malachite, a transformative crystal linked to the Heart Chakra, facilitates emotional growth and protection. Its swirling green patterns support healing from past traumas, making it powerful for breaking negative patterns in relationships.

Jade Crystal



 www.7chakracolors.com

Jade Crystal

Jade, a harmonizing crystal connected to the Heart Chakra, promotes wisdom and emotional balance. Its rich green energy encourages abundance and spiritual growth, making it ideal for fostering healthy relationships and prosperity.

Green Tourmaline Crystal



 www.7chakracolors.com

Green Tourmaline Crystal

Green Tourmaline, a beautiful crystal for the Heart Chakra, radiates healing energy that fosters love, balance, and emotional well-being. Its vibrant green hues promote compassion, personal growth, and harmony, making it an perfect for deep heart-centered healing and transformation.

Epidote (Unakite) Crystal



 www.7chakracolors.com

Epidote (Unakite) Crystal

Epidote, a supportive crystal aligned with the Heart Chakra, increases compassion and personal growth. Its forest green color strengthens emotional resilience and manifestation, making it perfect for releasing attachments and increasing self-worth.

Aventurine Crystal



 www.7chakracolors.com

Aventurine Crystal

Aventurine, a lucky crystal bonded to the Heart Chakra, enhances optimism and emotional well-being. Its shimmering green presence attracts opportunities and good fortune, making it valuable for manifesting abundance and healing the heart.

Throat Chakra Stones



FIFTH CHAKRA
Throat
Vishuddha



Positioned in the throat, this chakra enables clear communication and self-expression. Like the vast sky, it represents your voice, truth, and ability to communicate authentically.

Key Attributes:

- Color: **Light blue**
- Sound: **HAM**
- Element: **Ether**
- Symbol: **Sixteen-petaled lotus**
- Location: **Throat**
- Scent: **Eucalyptus, sage**
- Focus: **Communication, truth, expression**
- Mantra: **"I speak my truth"**

When balanced, it facilitates honest expression and effective communication.

Turquoise Crystal



www.7chakracolors.com

Turquoise Crystal

Turquoise, an ancient crystal aligned with the Throat Chakra, enhances clear communication and self-expression. Its distinctive blue-green color strengthens leadership abilities and spiritual wisdom, making it essential for speaking one's truth with confidence.

Sodalite Crystal



www.7chakracolors.com

Sodalite Crystal

Sodalite, a clarifying crystal connected to the Throat Chakra, promotes logic and rational thought. Its deep blue veining supports truth-seeking and verbal expression, making it powerful for public speaking and emotional communication.

Lapis Lazuli Crystal



www.7chakracolors.com

Lapis Lazuli Crystal

Lapis Lazuli, a deep blue crystal linked to the Throat Chakra, enhances communication, self-expression, and inner truth. Its energy fosters wisdom, mental clarity, and confidence in speaking one's mind, making it a powerful tool for authentic expression and spiritual insight.

Blue Chalcedony Crystal



www.7chakracolors.com

Blue Chalcedony Crystal

Blue Chalcedony, a serene crystal of the Throat Chakra, carries a tranquil energy that nurtures authentic self-expression and emotional resilience. It encourages mindful communication, and dissolve tension, making it a powerful ally for those seeking to speak their truth with confidence.

Aquamarine Crystal



www.7chakracolors.com

Aquamarine Crystal

Aquamarine, a soothing crystal attuned to the Throat Chakra, calms anxiety and facilitates clear self-expression. Its serene ocean hues encourage truthful communication and inner peace, making it ideal for overcoming fear of speaking.

Angelite Crystal



www.7chakracolors.com

Angelite Crystal

Angelite, a celestial crystal bonded to the Throat Chakra, channels angelic communication and spiritual awareness. Its soft blue essence enhances telepathic abilities and divine connection, making it perfect for spiritual communication and meditation.

Third Eye Chakra Stones



SIXTH CHAKRA
Third Eye
Ajna



Located between the eyebrows, this chakra is your center of intuition and wisdom. Like moonlight piercing darkness, it illuminates inner vision and spiritual awareness.

Key Attributes:

- Color: **Indigo**
- Sound: **AUM**
- Element: **Light**
- Symbol: **Two-petaled lotus**
- Location: **Between eyebrows**
- Scent: **Lavender, frankincense**
- Focus: **Intuition, wisdom, inner vision**
- Mantra: **"I trust my intuition"**

When balanced, it enhances clarity, insight, and spiritual awareness.

Moldavite Crystal

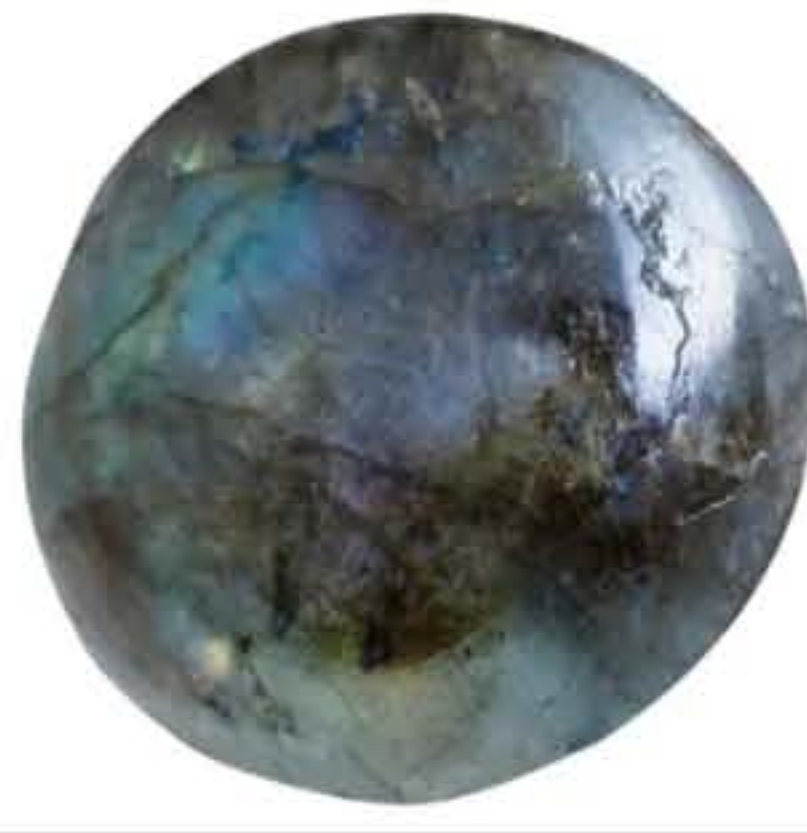


 www.7chakracolors.com

Moldavite Crystal

Moldavite, a transformative crystal linked to the Third Eye Chakra, accelerates spiritual growth and consciousness expansion. Its extraterrestrial origins catalyze profound life changes and psychic abilities, making it powerful for accessing higher realms.

Labradorite Crystal



 www.7chakracolors.com

Labradorite Crystal

Labradorite, a mystical crystal attuned to the Third Eye Chakra, enhances intuition and spiritual perception. Its iridescent flashes strengthen psychic protection and magical abilities, making it essential for developing clairvoyance.

Iolite Crystal



 www.7chakracolors.com

Iolite Crystal

Iolite, the Stone of Vision, resonates deeply with the Third Eye Chakra, awakening intuition, inner wisdom, and spiritual clarity. A trusted ally for meditation and shamanic journeying, Iolite dissolves fear, enhances perception and inner guidance.

Blue Sapphire Crystal

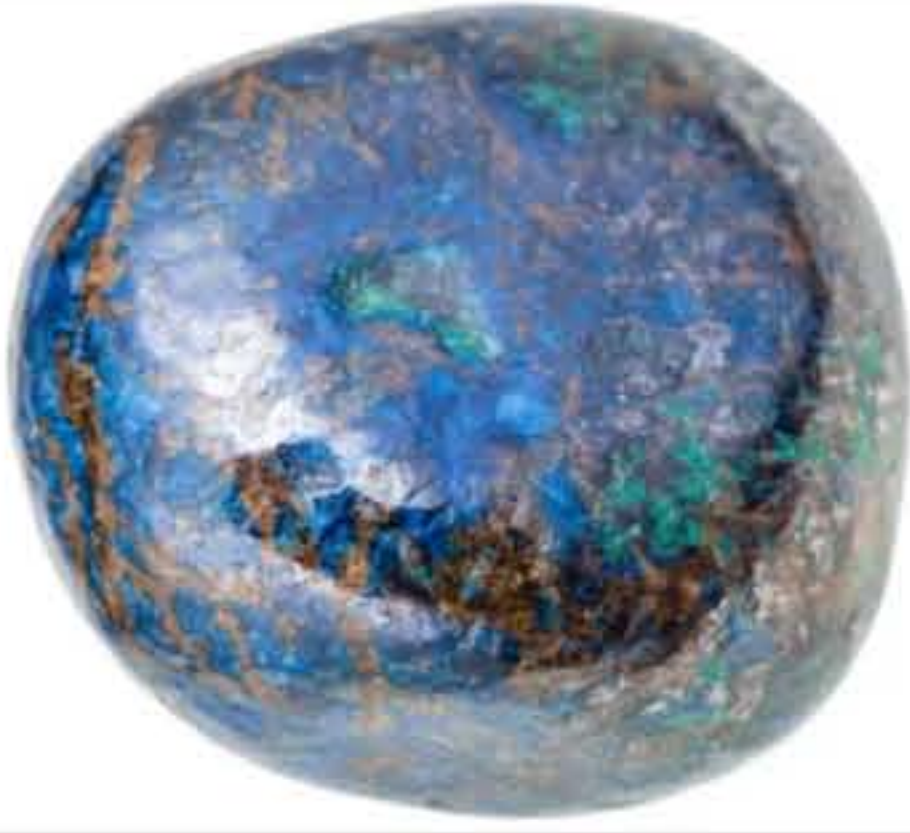


 www.7chakracolors.com

Blue Sapphire Crystal

Blue Sapphire, a powerful crystal connected to the Third Eye Chakra, enhances intuition and mental clarity. Its deep blue energy stimulates wisdom, spiritual insight, and inner vision, making it ideal for meditation and higher consciousness.

Azurite Crystal



 www.7chakracolors.com

Azurite Crystal

Azurite, an insightful crystal connected to the Third Eye Chakra, activates mental power and inner vision. Its deep blue crystals stimulate psychic development and meditation, making it ideal for expanding consciousness.

Amethyst Crystal



 www.7chakracolors.com

Amethyst Crystal

Amethyst, a spiritual crystal aligned with the Third Eye Chakra, deepens meditation and psychic abilities. Its purple radiance enhances intuitive wisdom and divine connection, making it perfect for spiritual growth and protection.

Crown Chakra Stones



SEVENTH CHAKRA
Crown
Sahasrara



Located at the crown of the head, this chakra connects you to universal consciousness. Like a blooming lotus, it opens to divine wisdom and spiritual enlightenment.

Key Attributes:

- Color: **Violet or white**
- Sound: **OM**
- Element: **Thought**
- Symbol: **Thousand-petaled lotus**
- Location: **Crown of head**
- Scent: **Lotus, neroli**
- Focus: **Spirituality, divine connection, enlightenment**
- Mantra: **"I am one with all"**

When balanced, it brings spiritual connection, enlightenment, and universal wisdom.

Tanzanite Crystal



Tanzanite Crystal

Tanzanite, a rare crystal bonded to the Crown Chakra, elevates consciousness and spiritual awakening. Its deep violet-blue energy activates higher awareness and psychic abilities, making it powerful for accessing divine wisdom.

Diamond (Crystal)



Diamond (Crystal)

Diamond, a radiant crystal linked to the Crown Chakra, enhances spiritual clarity and higher consciousness. Its pure, high-frequency energy amplifies wisdom and enlightenment, making it ideal for deepening divine connection and mental clarity.

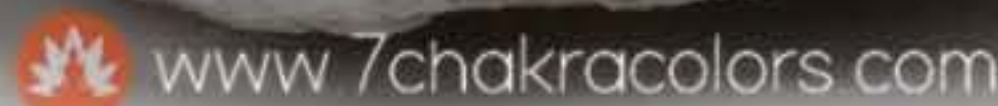
Clear Quartz Crystal



Clear Quartz Crystal

Clear Quartz, a master crystal aligned with the Crown Chakra, amplifies energy and spiritual connection. Its pure crystalline structure enhances clarity and divine purpose, making it essential for spiritual transformation.

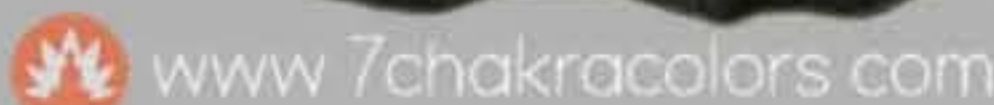
Celestine Crystal



Celestine Crystal

Celestine, a heavenly crystal connected to the Crown Chakra, facilitates angelic communication and higher consciousness. Its soft blue essence promotes peaceful meditation and astral travel, making it ideal for spiritual enlightenment.

Apophyllite Crystal



Apophyllite Crystal

Apophyllite, an illuminating crystal attuned to the Crown Chakra, opens psychic vision and spiritual awareness. Its pyramid-shaped crystals channel universal light and truth, making it perfect for expanding consciousness.

Albite Crystal



Albite Crystal

Albite, a powerful crystal linked to the Crown Chakra, facilitates spiritual awakening and mental clarity. Its ethereal energy enhances connection to higher consciousness and divine wisdom, making it perfect for expanding awareness and achieving spiritual growth.

Chakra Stones Cleansing, Charging, and Activation Tutorials



How to Cleanse Chakra Stones?

Learn how to cleanse crystals and gemstones with our expert guide. Discover methods like water, salt, sound, and sage cleansing to restore your stones' energy and enhance their healing power. Perfect for maintaining the vibrational balance of your chakra stones.



How to Charge Chakra Stones?

Discover how to effectively charge your chakra stones to reset their energy to its natural vibration. Learn traditional methods for energizing your crystals using sunlight, moonlight, and earth energy.



How to Activate Chakra Stones?

Learn step-by-step methods to activate your chakra stones for energy healing. Discover cleansing rituals, setting intentions, and more to unlock your crystals.



Chakra Stones: The Complete Guide

Discover the power of chakra stones for healing and balancing your energy. Learn how to choose, use, and care for chakra crystals, and find out where to buy authentic gemstones for each of your seven chakras.

