7 Chakra Frequencies Chart

Every chakra in five tuning systems, from root (bottom) to crown (top)

CHAKRA / MANTRA	SOLFEGGIO HZ	TUNING FORK HZ (NOTE)	SINGING BOWL HZ (A = 432)	PYTHAGOREAN HZ (OUR CHART)	COUSTO HZ (PLANETARY)
Crown AUM	**963**	480 (B)	484.90	864	172.06
Third Eye OM	**852**	426.7 (A)	432	648	221.23
Throat HAM	**741**	384 (G)	384.87	486	141.27
Heart YAM	**639**	341.3 (F)	342.88	432	136.10
Solar Plexus RAM	**528**	320 (E)	323.63	324	126.22
Sacral VAM	**417**	288 (D)	288.33	288	210.42
Root LAM	**396**	256 (C)	256.87	216	194.18